


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
1 Afternoon Social Tea (A) Musical Me Active Games	2 Afternoon Social Tea (B) Table Games Relaxation Program	3 Afternoon Social Tea (C) Creative Workshops Cooking/Baking	4 Afternoon Social Tea (A) Mind Matters Helping Hands	5 Afternoon Social Tea (B) Musical Me Active Games	6 Afternoon Social Tea (C) News and Views Green Thumbs	7 Afternoon Social Tea (A) Mind Matters Spiritual Connections	
8 Afternoon Social Tea (A) Musical Me Active Games	9 Afternoon Social Tea (B) Table Games Relaxation Program	10 Afternoon Social Tea (C) Creative Workshops Cooking/Baking	11 Afternoon Social Tea (A) Mind Matters Helping Hands	12 Afternoon Social Tea (B) Musical Me Active Games	13 Afternoon Social Tea (C) News and Views Green Thumbs	14 Afternoon Social Tea (A) Mind Matters Spiritual Connections	
15 Afternoon Social Tea (A) Musical Me Active Games	16 Afternoon Social Tea (B) Table Games Relaxation Program	17 Afternoon Social Tea (C) Creative Workshops Cooking/Baking	18 Afternoon Social Tea (A) Mind Matters Helping Hands	19 Afternoon Social Tea (B) Musical Me Active Games	20 Afternoon Social Tea (C) News and Views Green Thumbs	21 Afternoon Social Tea (A) Mind Matters Spiritual Connections	
22 Afternoon Social Tea (A) Musical Me Active Games	23 Afternoon Social Tea (B) Table Games Relaxation Program	24 Afternoon Social Tea (C) Creative Workshops Cooking/Baking	25 Afternoon Social Tea (A) Mind Matters Helping Hands	26 Afternoon Social Tea (B) Musical Me Active Games	27 Afternoon Social Tea (C) News and Views Green Thumbs	28 Afternoon Social Tea (A) Mind Matters Spiritual Connections	
29 Afternoon Social Tea (A) Musical Me Active Games	30 Afternoon Social Tea (B) Table Games Relaxation Program	<div style="border: 1px solid black; padding: 5px;"> <p>Although we have many planned activity choices, programs may change dependent upon resident wishes, desires and needs...and the weather. ☀️ Please see the daily activity board by the dining room for the most up to date information.</p> </div>					<i>Leisure Connections</i> are part of our everyday activities. We look forward to seeing you!



Group Fitness takes place every morning. Check the white board in your neighborhood for the time.

Extra Fun for April –

- **First Floor - Entertainment** - April 9th at 2pm
Birthday Celebrations with Entertainment - April 21st at 2pm
- **Second Floor – Entertainment** - April 16 at 2pm
Birthday Celebrations with Entertainment - April 28th at 2pm
- **Third Floor - Entertainment** - April 23 at 2pm
Entertainment - April 14 at 2pm
- **Coquitlam Library Program** – This month will meet on 2ND floor Monday April 29 @ 1:30pm
- **Catholic Service w/Father Larry** – Thursday, April 25 @ 1:30 on 1st floor
- For the **Bingo** fans ... on 3rd Flr - each Tuesday/Friday at 3pm
 ...on the 2nd Floor – each Tuesday/Saturday at 3pm
...on the 1st Floor – each Wednesday/Saturday at 3pm
- Our **Market Cart** is open Wednesday, rolling from floor to floor, to shop for treats, sundries and resident made items.