Foyer Maillard Spring/Summer Menu 2025

	MEAL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	REGULAR	Oatmeal	Oatmeal	Cream of Wheat	Oatmeal	Oatmeal	Oatmeal	Cream of Wheat
\perp		Scrambled Egg + Bacon	Poached egg	Boiled Egg	Cheesy Scrambled Eggs	Boiled Egg	Cheese Omelet	Poached Egg
:AS		Whole Wheat Toast	Raisin Toast	Whole Wheat Toast	Bran Muffin	Whole Wheat Toast	Whole Wheat Toast	French Toast/Syrup
BREAKFAST		Banana	Banana	Orange/Watermelon	Banana	Orange/Watermelon	Banana	Orange/Watermelon
3RE								
٣	ALTERNATE	Assorted Cold Cereal,	Assorted Cold Cereal, PB,	Assorted Cold Cereal,	Assorted Cold Cereal,	Assorted Cold Cereal,	Assorted Cold Cereal,	Assorted Cold Cereal, PB,
		PB, Cheese	Cheese	PB, Cheese	PB, Cheese	PB, Cheese	PB, Cheese	Cheese
	10AM Snack	Banana Cake	Chocolate Chip Cookies	Carrot Cake	Short Bread Cookies	Marble Cake	Shortbread Cookies	Vanilla Cake
	TOAIN OHACK	Peanut Butter Cookies	Oatmeal Raisin Cookies	Orange Cranberry	Peanut Butter Cookies	Double Chocolate	Oatmeal Raisin Cookies	Chocolate Chip Cookies
		T canat batter cookies	Cathod Raisin Cookies	Cookies	T carrat Batter Gookles	Cookies	Catifical Majori Cookies	Choolate Chip Cookies
	REGULAR	Rice and Vegetable	Chicken and Vegetable Soup	Lentil Soup	Cream of Mushroom	Minestrone Soup	Carrot Soup	Tomato Soup
ᆼ		Soup		·			·	
LUNCH				Butter Chicken		Pork Riblets	Stuffed Baked Basa with	Roasted Ham with Dijon
_		Reuben Sandwich on	Vegetable Lasagna	Basmati Rice	Fish & Chips		Tarragon Sauce	Mustard
		Marble Rye Bread		Naan Bread	Tartar Sauce, Ketchup	Baked Potatoes with		
		W (1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Garlic Bread	0, 10 1.0		Sour Cream	Rice Pilaf	Scalloped Potatoes
		Watermelon and Beet	Chef's Salad	Steamed Cauliflower	Calaalaw	Carra Calad	Missal Manatables	Naive d Manatable a
		Salad	Cilei's Galau		Coleslaw	Corn Salad	Mixed Vegetables	Mixed Vegetables
		Blueberry Tart w/		Vanilla Pudding				
		Whipped Cream	Sorbet	· · · · · · · · · · · · · · · · · · ·	Apple Crisp	Banana Cake	Fruit Parfait	Lemon Cake
					7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7			
	ALTERNATE	Meatballs	Chicken	Breaded Fish	Chicken	Sausage	Beef	Fish
	2 PM Snack	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
~	DECLII AD	Orange Wedges	Pineapple/Banana	Watermelon/Fresh Fruit	Cantaloupe	Orange Wedges	Pineapple/Banana	Honeydew
DINNER	REGULAR	Teriyaki Salmon	Roast Pork	Pasta w/ Chorizo &	Cheira	Beef Pot Pie	Chicken Strips with	Baked Beans and Scone
		Lemon Dill Rice Pilaf	Mashed Potatoes	Pesto Cream Sauce	Choice	Mixed Veggies	Dipping Sauce	Toss Salad
		Lemon Dili Nice Filai	Mastled Folatoes	Dinner Bun		wiked veggles	Pom Pom Potatoes	1088 Salau
		Broccoli and Carrots	Mixed Vegetables	Diffici Dali			1 on 1 on 1 otatoes	
		Brocon and Carroto	Winded Vegetables	Caesar Salad		Trifle Dessert	Tossed Salad	Chocolate Mousse
		Fruit Jello	Chocolate Cake	Gassa. Salaa	Assorted Desserts	2 3 3 3 3 1	Fruit Jell-O w/ Whipped	Chessials insues
				Fruit Cocktail			Cream	
	ALTERNATE	Chicken	Pork	Sausage	Beef	Chicken	Pork	Chicken
	HS Snack	Peanut Butter/Straw.	Cheddar Cheese Sandwich	Tuna Salad Sandwich	Egg Sandwich	Peanut Butter/Straw.	Tuna Salad Sandwich	Chicken Salad Sandwich
		Jam Sandwich	Peanut Butter/Straw. Jam	Cheddar Cheese	Chicken Salad Sandwich	Jam Sandwich	Peanut Butter/Straw.	Egg Sandwich
		Egg Salad Sandwich	Sandwich			Egg Sandwich	Jam Sandwich	
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Menu subject to change without notice

Audited by Corporate Registered Dietitian

Diabetic Diet: offer sweeteners VS sugars; fruit instead of cookies at snacks, water instead of juices at meals Modified Texture Diets: Soft bite sized (6), Minced & Moist (5) and Pureed (4) are based on the above menu Assorted Beverages include: 125 ml of milk/juice/water & 180 ml of tea/coffee offered daily Unsalted crackers served with soup at lunch Peanut Butter & Assorted jam available at Breakfast

Foyer Maillard Spring/Summer Menu 2025
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	MEAL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	REGULAR	Oatmeal Scrambled Egg + Bacon Whole Wheat Toast Banana	Oatmeal Poached egg Raisin Toast Seasonal Fresh Fruit	Cream of Wheat Boiled Egg Whole Wheat Toast Orange/Watermelon	Oatmeal Scrambled Egg Bran Muffin Banana	Oatmeal Boiled Egg Whole Wheat Toast Orange/Watermelon	Oatmeal Cheese Omelet Whole Wheat Toast Banana	Cream of Wheat Poached Egg French Toast with Berry Sauce Orange/Watermelon
	ALTERNATE	Assorted Cold Cereal, PB, Cheese	Assorted Cold Cereal, PB, Cheese	Assorted Cold Cereal, PB, Cheese	Assorted Cold Cereal, PB, Cheese	Assorted Cold Cereal, PB, Cheese	Assorted Cold Cereal, PB, Cheese	Assorted Cold Cereal, PB, Cheese
	10AM	Banana Cake Peanut Butter Cookies	Chocolate Chip Cookies Oatmeal Raisin Cookies	Carrot Cake Orange Cranberry Cookies	Shortbread Cookies Peanut Butter Cookies	Marble Cake Double Chocolate Cookies	Shortbread Cookies Oatmeal Raisin Cookies	Vanilla Cake Chocolate Chip Cookies
LUNCH	REGULAR	Pea Soup Pork Sausage Perogies with Golden Fried Onions Sour Cream Braised Cabbage	Vegetable Soup Crusted Baked Salmon Mashed Potatoes Mixed Vegetables	Butternut Squash Soup KFC Chicken Golden French Fries	Tomato Soup Grilled Cheese Sandwich House Salad	Jamaican Carrot Soup Cajun Shrimp & Rice Grilled Zucchini & Peppers	Vegetable Soup Tuna Sandwich Black Beans Quinoa Salad	Chickpea Soup Chicken Curry Basmati Rice, Naan Feta & Chickpea Salad
		Strawberry Cake	Rice Pudding	Coleslaw Sorbet	Carrot Cake	Bread Pudding	Fruit Crisp w/ Whipped Cream	Iced Banana Cake
	ALTERNATE	Ham	Breaded Fish	Beef	Chicken	Meatballs	Sausage	Meatballs
	2 PM	Yogurt Orange Wedges	Yogurt Pineapple/Banana	Yogurt Watermelon/Fresh Fruit	Yogurt Cantaloupe	Yogurt Orange Wedges	Yogurt Pineapple/Banana	Yogurt Honeydew
DINNER	REGULAR	Chicken Salad Sandwich Pasta Salad Apple Tart	Vegetable Quiche Caesar Salad Cheesecake with Fruit Sauce	Sheperd's Pie Tossed Salad Fruit Cocktail	Pork Souvlaki Rice Greek Salad Fruit Jello	Classic Meatloaf, Gravy Mashed Potatoes Mixed Vegetables White Cake	Pasta Primavera Mixed Salad Lemon Loaf	Beef Burger French Fries Salad Jello
	ALTERNATE	Sausage	Beef	Pork	Fish	Chicken	Beef	Chicken
	HS	Peanut Butter/Straw. Jam Sandwich Egg Salad Sandwich	Cheddar Cheese Sandwich Peanut Butter/Straw. Jam Sandwich	Tuna Salad Sandwich Cheddar Cheese	Egg Sandwich Chicken Salad Sandwich	Peanut Butter/Straw. Jam Sandwich Egg Sandwich	Tuna Salad Sandwich Peanut Butter/Straw. Jam Sandwich	Chicken Salad Sandwich Egg Sandwich
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Week 3

Foyer Maillard Spring/Summer Menu 2025

	MEAL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	REGULAR	Oatmeal Scrambled Egg + Sausages Whole Wheat Toast Banana	Oatmeal Poached egg Raisin Toast Seasonal Fresh Fruit	Cream of Wheat Boiled Egg Whole Wheat Toast Orange/Watermelon	Oatmeal Scrambled Egg Bran Muffin Banana	Oatmeal Boiled Egg Whole Wheat Toast Orange/Watermelon	Oatmeal Cheese Omelet Whole Wheat Toast Banana	Cream of Wheat Poached Egg French Toast with Berry Sauce Orange/Watermelon
	ALTERNATE	Assorted Cold Cereal, PB, Cheese	Assorted Cold Cereal, PB, Cheese	Assorted Cold Cereal, PB, Cheese	Assorted Cold Cereal, PB, Cheese	Assorted Cold Cereal, PB, Cheese	Assorted Cold Cereal, PB, Cheese	Assorted Cold Cereal, PB, Cheese
	10AM	Banana Cake Peanut Butter Cookies	Chocolate Chip Cookies Oatmeal Raisin Cookies	Carrot Cake Orange Cranberry Cookies	Short Bread Cookies Peanut Butter Cookies	Marble Cake Double Chocolate Cookies	Shortbread Cookies Oatmeal Raisin Cookies	Vanilla Cake Chocolate Chip Cookies
ᆽ	REGULAR	Vegetable Soup	Mushroom Soup	Carrot Soup	Lentil Soup	Yam Soup	Cream of Celery Soup	Leek and Potato Soup
LUNCH		Pork Riblets Baked Potato w/ Sour	Beef Lasagna	BBQ Chicken Thighs Roast Potatoes	Roast Beef Yorkshire Pudding with Gravy	Turkey Sandwich	Baked Salmon with Hollandaise Sauce Mashed Potatoes	Chicken Burger French Fries
		Cream Mexican Corn	Ceasar Salad	Steamed Vegetables	Mashed Potato	Greek Salad	Green Beans with Sundried Tomatoes	Salad
		Trifle	Rice Pudding	Ice Cream	Mixed Vegetables Cupcake	Rice Pudding	Brownies	Sorbet
	ALTERNATE	Fish	Meatballs	Pork	Breaded Fish	Sausage	Pork	Chicken
	2 PM	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
	REGULAR	Orange Wedges Crusted Salmon	Pineapple/Banana Crab Salad on Croissant	Watermelon/Fresh Fruit Chili con Carne	Cantaloupe	Orange Wedges	Pineapple/Banana Sweet and Sour Pork	Honeydew Assorted Sandwiches
DINNER	REGULAR	Jasmine Rice Spinach and Mandarin Salad	Bread Green Salad Chocolate Mousse w/	Scone Salad	Jambalaya Mixed Vegetables Bread Pudding with Whipped	Garden Vegetable Frittata Dinner Roll Couscous Salad	Fried Rice Stir-fry Oriental Vegetable	Ceasar Salad
			Whipped Cream		Cream		Strawberry Delight	Date Square
	A	Assorted Desserts		Fruit Cocktail		Fruit Salad	5	E. I
	ALTERNATE		Sausage	Beef	Chicken	Beef	Pork	Fish
	HS	Peanut Butter/Straw. Jam Sandwich Egg Salad Sandwich	Cheddar Cheese Sandwich Peanut Butter/Straw. Jam Sandwich	Tuna Salad Sandwich Cheddar Cheese	Egg Sandwich Chicken Salad Sandwich	Peanut Butter/Straw. Jam Sandwich Egg Sandwich	Tuna Salad Sandwich Peanut Butter/Straw. Jam Sandwich	Chicken Salad Sandwich Egg Sandwich
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Audited by Corporate Registered Dietitian

Week 4

Foyer Maillard Spring/Summer Menu 2025

	MEAL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
t	REGULAR	Oatmeal	Oatmeal	Cream of Wheat	Oatmeal	Oatmeal	Oatmeal	Cream of Wheat
_	112002/111	Scrambled Egg +	Poached egg	Boiled Egg	Scrambled Egg	Boiled Egg	Cheese Omelet	Poached Egg
AS		Sausages	Raisin Toast	Whole Wheat Toast	Bran Muffin	Whole Wheat Toast	Whole Wheat Toast	French Toast with Berry
Α <u>Υ</u>		Whole Wheat Toast	PB/Assorted Jams	PB/ Assorted Jams	PB/ Assorted Jams	PB/ Assorted Jams	PB/ Assorted Jams	Sauce
BREAKFAST		PB/ Assorted Jams	Banana	Orange/Watermelon	Banana	Orange/Watermelon	Banana	PB/ Assorted Jams
۳		Banana		· ·				Orange/Watermelon
	ALTERNATE	Assorted Cold Cereal,	Assorted Cold Cereal, PB,	Assorted Cold Cereal,	Assorted Cold Cereal,	Assorted Cold Cereal,	Assorted Cold Cereal, PB,	Assorted Cold Cereal,
		PB, Cheese	Cheese	PB, Cheese	PB, Cheese	PB, Cheese	Cheese	PB, Cheese
	10AM	Banana Cake	Chocolate Chip Cookies	Carrot Cake	Short Bread Cookies	Marble Cake	Shortbread Cookies	Vanilla Cake
		Peanut Butter Cookies	Oatmeal Raisin Cookies	Orange Cranberry	Peanut Butter Cookies	Double Chocolate	Oatmeal Raisin Cookies	Chocolate Chip Cookies
				Cookies		Cookies		
ᆽᅵᅵ	REGULAR	Borscht with Sour	Cream of Broccoli Soup	Carrot Ginger Soup	Vegetable Soup	Cream of Cauliflower	Vegetable Barley Soup	Cream of Cauliflower
LUNCH		Cream	Pork Stir-fry Noodle	Teriyaki Salmon	Turkey Ala King	Soup		Grilled Festive Ham w/
ゴ		Spaghetti and Meatballs	Pork Still-lity Noodle	Terryaki Saimon	Turkey Ala King	Beef Bourguignon	Seafood Newburg	Honey Mustard Sauce
		Garlic Bread		Jasmine Rice	Egg Noodles	Spanish Rice Pilaf	Sealood Newburg	Scalloped Potatoes
		Camo Broad	Sauteed Red Cabbage	dustrinio i vico	Salad	opamon race rala	Rice Pilaf	
		Casear Salad		Steamed Vegetables	Jailag	Steamed Vegetables	r nee r near	Macedonia Vegetables
			Rice Pudding	3		3	Ice Cream	3
		Fruit Cup	J. Company	Ice Cream	Jello	Vanilla Custard		Fruit Cup
	ALTERNATE	Meatballs	Beef	Chicken	Beef	Pork	Sausage	Beef
	2 PM	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt Paragraph	Yogurt
~	DECLUAD	Orange Wedges	Pineapple/Banana	Watermelon/Fresh Fruit	Cantaloupe	Orange Wedges	Pineapple/Banana	Honeydew
DINNER	REGULAR	Breaded Sole Flsh	Chicken Souvlaki Tzatziki, Pita Bread	Assorted Sandwich	BBQ Roast Pork	Chicken Strips	Vegetable Pancit	Beef Enchiladas
$\leq $		Roasted Potato	TZatziki, Fita bieau		Baked Potato	Pom Pom Potatoes		Garlic Bread
-11		reduced rotato	Rice Pilaf	Pasta Salad	Barred Foldio			Garno Broad
		Tossed Salad	Greek Salad			Chef's Salad		Salad
					Mixed Vegetables			
		Cupcakes	Tiramisu	Fruit Tart		Fruit Cocktail	Carrot Cake	Mango
					A I Tt			
-	ALTERNATE	Breaded Fish	Fish	Pork	Apple Tart Chicken	Meatballs	Beef	Fish
	HS	Peanut Butter/Straw.	Cheddar Cheese Sandwich	Tuna Salad Sandwich	Egg Sandwich	Peanut Butter/Straw.	Tuna Salad Sandwich	Chicken Salad
	110	Jam Sandwich	Peanut Butter/Straw. Jam	Cheddar Cheese	Chicken Salad	Jam Sandwich	Peanut Butter/Straw. Jam	Sandwich
		Egg Salad Sandwich	Sandwich	Choudal Choose	Sandwich	Egg Sandwich	Sandwich	Egg Sandwich
					310.111011			-99 Carramon
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