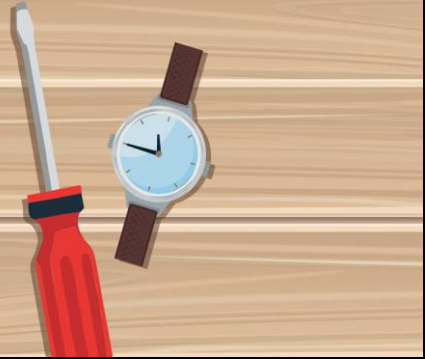




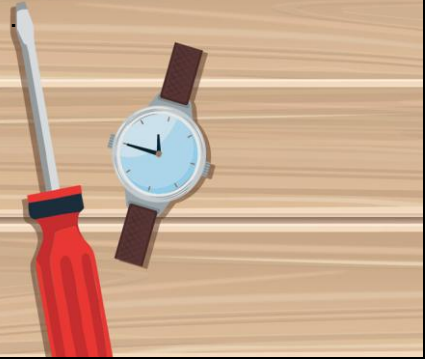

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 10:15 – Chair Aerobic (A&C) 1 11:00 – Trivia (B) 12:00 – Meal Assist 1:1 1:30 – Active Games 3:00 – Tea & Trivia	10:15 – Chair Aerobic (A&C) 2 11:00 – Charades (B) 12:00 – Meal Assist 1:1 2:00 – Word Games 3:30 – Heart for Music	10:15 – Gentle Stretches 3 11:00 – Gentle Stretches 12:00 – Meal Assist 1:1 2:00 – Bingo 3:00 – Trivia	10:15 – Chair Yoga 4 11:00 – Word Games 12:00 – Meal Assist 1:1 2:00 – Happy Hour with Live Entertainment 3:00 – 1:1 visit	10:15 – Stretch & Bouncing Ball (A&C) 5 11:00 – Gentle Stretch (B) 2:00 – Ice Cream Social 3:00 – Sing a long 3:30 – Manicure	10:15 – Stretch & Bouncing Ball (A&C) 6 11:00 – Gentle Stretch (B) 2:00 – Bingo 3:00 – Sing a long 3:30 – Manicure	
10:15 - Balance Fitness (A&C) 7 11:00 – Hymn Sing (B) 2:00 – Church Choir: Handmaid of the Lord (2nd floor B dining) 3:30 – 1:1 visit	10:15 – Chair Aerobic (A&C) 8 11:00 – Trivia (B) 12:00 – Meal Assist 1:1 1:30 – Active Games 3:00 – Tea & Trivia	10:15– Strength Fitness 9 11:00 – Charades (B) 12:00 – Meal Assist 1:1 2:00 – Father’s Day Movie 3:30 - 1:1 Visit	10:15 – Gentle Stretches 10 11:00 – Gentle Stretches 12:00 – Meal Assist 1:1 2:00 – Bingo 3:00 – Trivia	10:00 – Foyer Maillard 10th Anniversary 11 3:00 – 1:1 visit	10:15 – Stretch & Bouncing Ball (A&C) 12 11:00 – Gentle Stretch (B) 2:00 – Ice Cream Social 3:00 – Sing a long 3:30 – Manicure	10:15 – Stretch & Bouncing Ball (A&C) 13 11:00 – Gentle Stretch (B) 2:00 – Philippines Independence Day Celebration with live Entertainment 3:30 – 1:1 visit
10:15 - Balance Fitness (A&C) 14 11:00 – Hymn Sing (B) 2:00 – Birthday Celebration with live Entertainment 3:30 – 1:1 Visit <small>Flag Day (U.S.)</small>	10:15 – Chair Aerobic (A&C) 15 11:00 – Trivia (B) 12:00 – Meal Assist 1:1 1:30 – Active Games 3:00 – Tea & Trivia	10:15– Strength Fitness 16 11:00 – Charades (B) 12:00 – Meal Assist 1:1 2:00 – Father’s Day Craft 3:30 - Heart for Music	10:15 – Gentle Stretches 17 11:00 – Gentle Stretches 12:00 – Meal Assist 1:1 2:00 – Bingo 3:00 – Father’s Day Trivia	10:15 – Chair Yoga 18 11:00 – Word Games 2:00 – Men’s Group (2nd Floor) 2:00 – Crossword Fun with Roger 3:00 – Tea Social	10:30 – Sing Along Volunteer Group (B) 19 12:00 – Meal Assist 1:1 2:00 – Father’s Day Celebration 3:30 – 1:1 visit <small>Juneteenth</small>	10:15 – Stretch & Bouncing Ball (A&C) 20 11:00 – Gentle Stretch (B) 2:00 – Bingo 3:00 – Sing a long 3:30 – Manicure
10:15 - Balance Fitness (A&C) 21 11:00 – Hymn Sing (B) 2:00 - Crossword Fun with Roger 3:00 – Father Day Discussion <small>Father’s Day Summer Begins</small>	10:15 – Chair Aerobic (A&C) 22 11:00 – Trivia (B) 12:00 – Meal Assist 1:1 1:30 – Active Games 3:00 – Tea & Trivia	10:15– Strength Fitness 23 11:00 – Charades (B) 12:00 – Meal Assist 1:1 2:00 – Creative Corner 3:30 - Heart for Music	10:15 – Gentle Stretches 24 11:00 – Gentle Stretches 12:00 – Meal Assist 1:1 2:00 – Bingo 3:00 – Trivia	10:15 – Chair Yoga 25 11:00 – Word Games 1:30 – Church Service 2:00 – Crossword Fun with Roger 3:00 – Tea Social	10:15 – Stretch & Bouncing Ball (A&C) 26 11:00 – Gentle Stretch (B) 2:00 – Ice Cream Social 3:00 – Sing a long 3:30 – Manicure	10:15 – Stretch & Bouncing Ball (A&C) 27 11:00 – Gentle Stretch (B) 2:00 – Bingo 3:00 – Sing a long 3:30 – Manicure
10:15 - Balance Fitness (A&C) 28 11:00 – Hymn Sing (B) 2:00 - Crossword Fun with Roger 3:00 – High Tea Social 3:30 – 1:1 Visit	10:15 – Chair Aerobic (A&C) 29 11:00 – Trivia (B) 12:00 – Meal Assist 1:1 1:30 – Active Games 3:00 – Tea & Trivia	10:15– Strength Fitness 30 11:00 – Charades (B) 12:00 – Meal Assist 1:1 2:00 – Word Games 3:30 - Heart for Music	 June 2026 			

Programs are subject to change. Please refer to the activity whiteboard.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 10:15 - Morning Fitness (B) 11:00 - Morning Fitness (A&C) 2:00 - Church Choir: Handmaid of the Lord (2nd floor B dining) 3:30 - 1:1 visit	1 10:15 - Balloon Toss (B) 11:00 - Balloon Toss (A&C) 12:00 - Meal Assist 1:1 2:00 - Social Tea 3:00 - Artist Choice	2 10:15 - Morning Fitness 11:00 - Pool Noodle Fun (A&C) 12:00 - Meal Assist 1:1 2:00 - Bingo (B&C) 3:00 - Manicure (A)	3 10:15 - Morning Fitness (B) 11:00 - Morning Fitness (A&C) 12:00 - Meal Assist 2:00 - Cooking Program 3:00 - 1:1 visit	4 10:15 - Weighted Fitness (B) 11:00 - Weighted Fitness (A&C) 12:00 - Meal Assist 2:00 - Word Games (B&C) 3:00 - Drum Playing (A)	5 10:15 - Morning Fitness (B) 11:00 - Pool Noodle Fun (A&C) 12:00 - Meal Assist 2:00 - High Tea Social 3:30 - Table Games	6 10:15 - Pool Noodle Fun 11:00 - Pool Noodle Fun 12:00 - Meal Assist 2:00 - Bingo (B&C) 3:00 - Happy Hour 3:00 - Sing along	
7 10:15 - Morning Fitness (B) 11:00 - Morning Fitness (A&C) 2:00 - Church Choir: Handmaid of the Lord (2nd floor B dining) 3:30 - 1:1 visit	8 10:15 - Balloon Toss (B) 11:00 - Balloon Toss (A&C) 12:00 - Meal Assist 1:1 2:00 - Social Tea 3:00 - Table Games	9 10:15 - Morning Fitness 11:00 - Pool Noodle Fun (A&C) 12:00 - Meal Assist 1:1 2:00 - 5 Card Bingo (B&C) 3:00 - Sing Along (A)	10 10:15 - Morning Fitness (B) 11:00 - Morning Fitness (A&C) 12:00 - Meal Assist 2:00 - Father's Day Creative Corner 3:00 - 1:1 visit	11 10:00 - Foyer Maillard 10th Anniversary 3:00 - 1:1 visit	12 10:15 - Morning Fitness (B) 11:00 - Pool Noodle Fun (A&C) 12:00 - Meal Assist 2:00 - Movie Afternoon 3:30 - 1:1 visit	13 10:15 - Pool Noodle Fun 11:00 - Pool Noodle Fun 2:00 - Philippines Independence Day Celebration with live Entertainment 3:30 - 1:1 visit	
14 10:15 - Morning Fitness (B) 11:00 - Morning Fitness (A&C) 12:00 - Meal Assist 1:1 2:00 - Hymn Sing 3:30 - Active Games <small>Flag Day (U.S.)</small>	15 10:15 - Balloon Toss (B) 11:00 - Balloon Toss (A&C) 12:00 - Meal Assist 1:1 2:00 - Social Tea 3:00 - Artist Choice	16 10:15 - Morning Fitness 11:00 - Pool Noodle Fun (A&C) 12:00 - Meal Assist 1:1 2:00 - Happy Hour with Live Entertainment 3:00 - 1:1 visit	17 10:15 - Morning Fitness (B) 11:00 - Morning Fitness (A&C) 12:00 - Meal Assist 2:00 - Cooking Program 3:00 - 1:1 visit	18 10:15 - Weighted Fitness (B) 11:00 - Weighted Fitness (A&C) 12:00 - Meal Assist 2:00 - Men's Group 3:00 - Sing along (A)	19 10:15 - Morning Fitness (B) 11:00 - Pool Noodle Fun (A&C) 2:00 - Father's Day Celebration 3:30 - 1:1 visit <small>Juneteenth</small>	20 10:15 - Pool Noodle Fun 11:00 - Pool Noodle Fun 12:00 - Meal Assist 2:00 - Ice Cream Social 3:00 - Bingo (B&C)	
21 10:15 - Morning Fitness (B) 11:00 - Morning Fitness (A&C) 12:00 - Meal Assist 1:1 2:00 - Hymn Sing 3:30 - Active Games <small>Father's Day Summer Begins</small>	22 10:15 - Balloon Toss (B) 11:00 - Balloon Toss (A&C) 12:00 - Meal Assist 1:1 2:00 - Social Tea 3:00 - Table Games	23 10:15 - Morning Fitness 11:00 - Pool Noodle Fun (A&C) 12:00 - Meal Assist 1:1 2:00 - Bingo & Trivia (B&C) 3:00 - Manicure (A)	24 10:15 - Morning Fitness (B) 11:00 - Morning Fitness (A&C) 12:00 - Meal Assist 2:00 - Creative Corner 3:00 - 1:1 visit	25 10:15 - Weighted Fitness (B) 11:00 - Weighted Fitness (A&C) 1:30 - Church Service 2:00 - Poetry Club (B&C) 3:00 - Sensory Stimulation (A)	26 10:15 - Morning Fitness (B) 11:00 - Pool Noodle Fun (A&C) 2:00 - Soccer 3:30 - Sensory Stimulation	27 10:15 - Pool Noodle Fun 11:00 - Pool Noodle Fun 12:00 - Meal Assist 2:00 - 5 Card Bingo (B&C) 3:00 - Happy Hour 3:00 - Sing along	
28 10:15 - Morning Fitness (B) 11:00 - Morning Fitness (A&C) 2:00 - Birthday Celebration with Entertainment 3:30 - 1:1 visit	29 10:15 - Balloon Toss (B) 11:00 - Balloon Toss (A&C) 12:00 - Meal Assist 1:1 2:00 - Social Tea 3:00 - Artist Choice	30 10:15 - Morning Fitness 11:00 - Pool Noodle Fun (A&C) 12:00 - Meal Assist 1:1 2:00 - Classical Movie Afternoon 3:30 - 1:1 visit	 <h1>June 2026</h1> 				

Programs are subject to change. Please refer to the activity whiteboard.

2nd Floor Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:15 – Weighted Fitness (B) 11:00 - Weighted Fitness 12:00 – Meal Assist 1:1 2:00 – Social Tea 3:00 – Sing Along	2 10:15 - Zumba (B) 11:00 – Zumba (A&C) 12:00 - Meal Assist 1:1 2:00 – Bingo 3:00 – Manicures	3 10:15 – Fitness & Fun 11:00 - Fitness & Fun 12:00 - Meal Assist 1:1 2:00 – Word Games 3:00 – Creative Corner	4 10:15 – Weighted Fitness (B) 11:00 - Weighted Fitness (A&C) 12:00 – Meal Assist 1:1 2:00 – Cooking Program	5 10:15 - Morning Fitness (B) 11:00 - Morning Fitness (A&C) 12:00 - Meal Assist 1:1 2:00 - Social Tea 3:00 – Seated Dance	6 10:15 – Balloon Toss (B) 11:00 - Morning Fitness (A&C) 12:00 - Meal Assist 1:1 2:00 – Social Tea 3:00 – Bingo
7 10:15 – Stretch and Bouncy Ball (B) 11:00 – Stretch and Bouncy Ball (A&C) 2:00 – Birthday Celebration with Entertainment 3:30 – 1:1 visit	8 10:15 – Weighted Fitness (B) 11:00 - Weighted Fitness 12:00 – Meal Assist 1:1 2:00 – Reminiscing Program 3:00 – Salsa Dance	9 10:15 - Zumba (B) 11:00 – Zumba (A&C) 12:00 - Meal Assist 1:1 2:00 – Bingo 3:00 – Manicures	10 10:15 – Fitness & Fun 11:00 - Fitness & Fun 12:00 - Meal Assist 1:1 2:00 – Father’s Day Trivia 3:00 – Creative Corner	11 10:00 – Foyer Maillard 10th Anniversary 3:00 – 1:1 visit	12 10:15 - Morning Fitness (B) 11:00 - Morning Fitness (A&C) 12:00 - Meal Assist 1:1 2:00 - Social Tea 3:00 – Sing Along	13 10:15 – Balloon Toss (B) 11:00 - Morning Fitness (A&C) 12:00 - Meal Assist 1:1 2:00 – Social Tea 3:00 – Bingo
14 10:15 – Stretch and Bouncy Ball (B) 11:00 – Stretch and Bouncy Ball (A&C) 12:00 – Meal Assist 1:1 2:00 – Hymn Sing 3:00 – Table Games <small>Flag Day (U.S.)</small>	15 10:15 – Weighted Fitness (B) 11:00 - Weighted Fitness 12:00 – Meal Assist 1:1 2:00 – Social Tea 3:00 – Sing a Along	16 10:15 - Zumba (B) 11:00 – Zumba (A&C) 12:00 - Meal Assist 1:1 2:00 – Bingo 3:00 – Manicures	17 10:15 – Fitness & Fun 11:00 - Fitness & Fun 12:00 - Meal Assist 1:1 2:00 – Word Games 3:00 – Father’s Day Craft	18 10:15 – Weighted Fitness (B) 11:00 - Weighted Fitness (A&C) 12:00 – Meal Assist 1:1 2:00 – Smoothie Program	19 10:15 - Morning Fitness (B) 11:00 - Morning Fitness (A&C) 2:00 – Father’s Day Celebration 3:30 – 1:1 visit <small>Juneteenth</small>	20 10:15 – Balloon Toss (B) 11:00 - Morning Fitness (A&C) 12:00 - Meal Assist 1:1 2:00 – Social Tea 3:00 – Bingo
21 10:15 – Stretch and Bouncy Ball (B) 11:00 – Stretch and Bouncy Ball (A&C) 2:00 – Father’s Day Movie <small>Father’s Day Summer Begins</small>	22 10:15 – Weighted Fitness (B) 11:00 - Weighted Fitness 12:00 – Meal Assist 1:1 2:00 – – Reminiscing Program 3:00 – Salsa Dance	23 10:15 - Zumba (B) 11:00 – Zumba (A&C) 12:00 - Meal Assist 1:1 2:00 – Bingo 3:00 – Manicures	24 10:15 – Fitness & Fun 11:00 - Fitness & Fun 12:00 - Meal Assist 1:1 2:00 – Word Games 3:00 – Creative Corner	25 10:15 – Weighted Fitness (B) 11:00 - Weighted Fitness (A&C) 12:00 – Meal Assist 1:1 2:00 – Happy Hour with live entertainment 3:30 – 1:1 visit	26 10:15 - Morning Fitness (B) 11:00 - Morning Fitness (A&C) 12:00 - Meal Assist 1:1 2:00 - Social Tea 3:00 – Sing Along	27 10:15 – Balloon Toss (B) 11:00 - Morning Fitness (A&C) 12:00 - Meal Assist 1:1 2:00 – Social Tea 3:00 – Bingo
28 10:15 – Stretch and Bouncy Ball (B) 11:00 – Stretch and Bouncy Ball (A&C) 12:00 – Meal Assist 1:1 2:00 – Hymn Sing 3:00 – Table Games	29 10:15 – Weighted Fitness (B) 11:00 - Weighted Fitness 12:00 – Meal Assist 1:1 2:00 – Social Tea 3:00 – Sing Along	30 10:15 - Zumba (B) 11:00 – Zumba (A&C) 12:00 - Meal Assist 1:1 2:00 – Bingo 3:00 – Manicures				

June 2026

3rd Floor Calendar

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