


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1 Afternoon Social Tea (A) Mind Matters Helping Hands	2 Afternoon Social Tea (B) Musical Me Active Games	3 Afternoon Social Tea (C) News and Views Relaxation Program	4 Afternoon Social Tea (A) Mind Matters Spiritual Connections
			5 Afternoon Social Tea (A) Musical Me Active Games	6 Afternoon Social Tea (B) Table Games Relaxation Program	7 Afternoon Social Tea (C) Creative Workshop Cooking/Baking	8 Afternoon Social Tea (A) Mind Matters Helping Hands
12 Afternoon Social Tea (A) Musical Me Active Games	13 Afternoon Social Tea (B) Table Games Relaxation Program	14 Happy Valentine Afternoon Social Tea (C) Creative Workshop Cooking/Baking	15 Afternoon Social Tea (A) Mind Matters Helping Hands	16 Afternoon Social Tea (B) Musical Me Active Games	17 Afternoon Social Tea (C) News and Views Relaxation Program	18 Afternoon Social Tea (A) Mind Matters Spiritual Connections
19 FAMILY DAY Limited activities today. See whiteboard in your dining room.	20 Afternoon Social Tea (B) Table Games Relaxation Program	21 Afternoon Social Tea (C) Creative Workshop Cooking/Baking	22 Afternoon Social Tea (A) Mind Matters Helping Hands	23 Afternoon Social Tea (B) Musical Me Active Games	24 Afternoon Social Tea (C) News and Views Relaxation Program	25 Afternoon Social Tea (A) Mind Matters Spiritual Connections
26 Afternoon Social Tea (A) Musical Me Active Games	27 Afternoon Social Tea (B) Table Games Relaxation Program	28 Afternoon Social Tea (C) Creative Workshop Cooking/Baking	 29 Leap Year! Afternoon Social Tea (A) Mind Matters Helping Hands			Leisure Connections are part of our everyday activities. We look forward to seeing you.



shutterstock.com - 111817253

Group Fitness takes place every morning. Check the whiteboard in your neighborhood for the time.

Extra Fun for February –

First Floor

Social with Entertainment - February 6th at 2pm

Birthday Celebrations with Entertainment - February 18th at 2pm

Second Floor

Social with Entertainment - February 13th at 2pm

Birthday Celebrations with Entertainment - February 25th at 2pm

Third Floor

Social with Entertainment - February 20th at 2pm

Birthday Social with Entertainment - February 11th at 2pm

- **Catholic Service w/Father Larry** – Thursday, February 22nd @ 1:30 on 1st floor
- **Lunar New Year Performance by Jessica Yue** – Monday, February 19th @ 2:00pm on 2ND floor
- all floors invited

- For the **Bingo** fans ... on 3rd Flr - each Tuesday/Friday at 3pm



...on the 2nd Floor – each Tuesday/Saturday at 3pm

...on the 1st Floor – each Wednesday/Saturday at 3pm

- Our **Market Cart** is open each Wednesday afternoon on the 2nd floor, and rolling floor to floor, to shop for treats, sundries and resident made items.