



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Although we have many planned activity choices, programs may change dependent upon resident wishes, desires and needs...and the weather. ☀️</p>	<p><b>Evening Programs</b> take place on <b>1<sup>st</sup></b> Floor each Sun/Mon/Thurs; <b>2<sup>nd</sup></b> Floor each Tue/Fri and; <b>3<sup>rd</sup></b> Floor each Wed/Sat.</p>	<p><b>Leisure Connections</b> are part of our everyday activities. We look forward to seeing you!</p>	<p><b>January 2021</b></p> 		<p>1</p> 	<p>2</p> <p><b>Afternoon</b> Social Tea (C) News and Views</p>
<p>3</p> <p><b>Afternoon</b> Social Tea (A) Mind Matters Spiritual Connections</p>	<p>4</p> <p><b>Afternoon</b> Social Tea (A) Musical Me Active Games</p>	<p>5</p> <p><b>Afternoon</b> Social Tea (B) Table Games Relaxation Program</p>	<p>6</p> <p><b>Afternoon</b> Social Tea (C) Creative Workshops Cooking/Baking</p>	<p>7</p> <p><b>Afternoon</b> Social Tea (A) Mind Matters Helping Hands</p>	<p>8</p> <p><b>Afternoon</b> Social Tea (B) Musical Me Active Games</p>	<p>9</p> <p><b>Afternoon</b> Social Tea (C) News and Views</p>
<p>10</p> <p><b>Afternoon</b> Social Tea (A) Mind Matters Spiritual Connections</p>	<p>11</p> <p><b>Afternoon</b> Social Tea (A) Musical Me Active Games</p>	<p>12</p> <p><b>Afternoon</b> Social Tea (B) Table Games Relaxation Program</p>	<p>13</p> <p><b>Afternoon</b> Social Tea (C) Creative Workshops Cooking/Baking</p>	<p>14</p> <p><b>Afternoon</b> Social Tea (A) Mind Matters Helping Hands</p>	<p>15</p> <p><b>Afternoon</b> Social Tea (B) Musical Me Active Games</p>	<p>16</p> <p><b>Afternoon</b> Social Tea (C) News and Views</p>
<p>17</p> <p><b>Afternoon</b> Social Tea (A) Mind Matters Spiritual Connections</p>	<p>18</p> <p><b>Afternoon</b> Social Tea (A) Musical Me Active Games</p>	<p>19</p> <p><b>Afternoon</b> Social Tea (B) Table Games Relaxation Program</p>	<p>20</p> <p><b>Afternoon</b> Social Tea (C) Creative Workshops Cooking/Baking</p>	<p>21</p> <p><b>Afternoon</b> Social Tea (A) Mind Matters Helping Hands</p>	<p>22</p> <p><b>Afternoon</b> Social Tea (B) Musical Me Active Games</p>	<p>23</p> <p><b>Afternoon</b> Social Tea (C) News and Views</p>
<p>24/31</p> <p><b>Afternoon</b> Social Tea (A) Mind Matters Spiritual Connections</p>	<p>25</p> <p><b>Afternoon</b> Social Tea (A) Musical Me Active Games</p>	<p>26</p> <p><b>Afternoon</b> Social Tea (B) Table Games Relaxation Program</p>	<p>27</p> <p><b>Afternoon</b> Social Tea (C) Creative Workshops Cooking/Baking</p>	<p>28</p> <p><b>Afternoon</b> Social Tea (A) Mind Matters Helping Hands</p>	<p>29</p> <p><b>Afternoon</b> Social Tea (B) Musical Me Active Games</p>	<p>30</p> <p><b>Afternoon</b> Social Tea (C) News and Views</p>

**Group Fitness** takes place every morning. Check the white board in your neighborhood for the time

Questions or comments about the Recreation Calendar can be directed to Jennifer Holley at [jholley@fovermaillard.com](mailto:jholley@fovermaillard.com) or 604-937-5578 ext. 105