


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Afternoon Social Tea (A) Musical Me Active Games	2 Afternoon Social Tea (B) Table Games Relaxation Program	3 Afternoon Social Tea (C) Creative Workshops Cooking/Baking	4 Afternoon Social Tea (A) Mind Matters Helping Hands	5 Afternoon Social Tea (B) Musical Me Active Games	6 Afternoon Social Tea (C) News and Views Green Thumbs	7 Afternoon Social Tea (A) Mind Matters Spiritual Connections
8 Afternoon Social Tea (A) Musical Me Active Games	9 Afternoon Social Tea (B) Table Games Relaxation Program	10 Afternoon Social Tea (C) Creative Workshops Cooking/Baking	11 Afternoon Social Tea (A) Mind Matters Helping Hands	12 Afternoon Social Tea (B) Musical Me Active Games	13 Afternoon Social Tea (C) News and Views Green Thumbs	14 Happy Mother's Day Afternoon Social Tea (A) Mind Matters Spiritual Connections
15 Afternoon Social Tea (A) Musical Me Active Games	16 Afternoon Social Tea (B) Table Games Relaxation Program	17 Afternoon Social Tea (C) Creative Workshops Cooking/Baking	18 Afternoon Social Tea (A) Mind Matters Helping Hands	19 Afternoon Social Tea (B) Musical Me Active Games	20 Afternoon Social Tea (C) News and Views Green Thumbs	21 Afternoon Social Tea (A) Mind Matters Spiritual Connections
22 VICTORIA DAY Limited programs. See whiteboard in your neighborhood for details	23 Afternoon Social Tea (B) Table Games Relaxation Program	24 Afternoon Social Tea (C) Creative Workshops Cooking/Baking	25 Afternoon Social Tea (A) Mind Matters Helping Hands	26 Afternoon Social Tea (B) Musical Me Active Games	27 Afternoon Social Tea (C) News and Views Green Thumbs	28 Afternoon Social Tea (A) Mind Matters Spiritual Connections
29 Afternoon Social Tea (A) Musical Me Active Games	30 Afternoon Social Tea (B) Table Games Relaxation Program	31 Afternoon Social Tea (C) Creative Workshops Cooking/Baking	See below or check the white board in your neighborhood for special event and activity dates.	<i>Leisure Connections</i> are part of our everyday activities. We look forward to seeing you!	MAY 2023	



Group Fitness takes place every morning. Check the white board in your neighborhood for the time.

Extra Fun for May –

- **First Floor** - Entertainment with Jason and the kids - May 4th at 2pm
 Birthday Celebrations with Entertainer James Burton - May 10th at 2pm
 Take out lunch – By Invitation – May 18th and May 25th
- **Second Floor** – Entertainment with Jason and the kids – May 12th at 2pm
 Birthday Celebrations with Entertainer James Burton - May 26th at 2pm
- **Third Floor** - Entertainment with Jason and the kids – May 25th at 2pm
 Birthday Celebrations with Entertainer James Burton - May 18th at 2pm
- **Mother’s Day Tea Social** – May 14th at 2pm – All floors
- **Coquitlam Library Program** – This month will meet on 2nd floor Monday May 15 @ 1:30pm
- **Catholic Service w/Father Larry** – Thursday, May 26 @ 1:30 on 1st floor
- For the **Bingo** fans ... on 3rd Flr - each Tuesday/Friday at 3pm
  ...on the 2nd Floor – each Tuesday/Saturday at 3pm
 ...on the 1st Floor – each Wednesday/Saturday at 3pm
- Our **Market Cart** is open each Monday (3rd floor); Tuesday (1st floor) and Wednesday (2nd floor) to shop for treats, sundries and resident made items.
- **Cinco de Mayo** fun day featuring a special Mexican menu from our wonderful kitchen – May 5th
- **Master Gardeners** will start work in our garden this month. Feel free to lend a hand 😊.