

TITLE:

**WALKING PARTNER**

MAJOR FUNCTION:

Accompany a resident in a regular and ongoing walking program – indoors or outdoors

DUTIES AND RESPONSIBILITIES:

- Provide companionship and direction for a routinely scheduled walk
- Be aware of safety needs
- Facilitate interaction between self and partner
- Maintain confidentiality
- Inform staff or coordinator of a crisis situation or incident immediately
- Report new information about the resident to staff to facilitate quality of care

QUALIFICATIONS AND SKILLS REQUIRED:

- Must be reliable and patient and enjoy the company of seniors
- Able to work independently while respecting facility and volunteer policies and procedures
- Mature, outgoing person with good communication skills
- A belief that walking enables a person to maintain a sense of well-being and health
- Good mobility

COMMITMENT REQUIRED:

- Minimum 3 month term
- 1-2 Hours per day, One day(s) per week

BENEFITS:

- Develop valuable work and personal skills
- Reference on request

TRAINING AND SUPERVISION:

- Orientation, training and ongoing support will be provided by the Volunteer Coordinator and the Foyer team
- Access to onsite workshops and online education