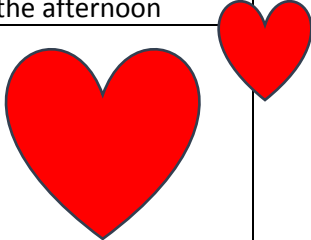



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Men's Club meets in the afternoon			
Monthly Spiritual Services: Catholic Mass 1 st Sunday 10:30am Grace Baptist 3 rd Sunday	Evening Programs take place on 1 st Floor each Sun/Mon/Thurs; 2 nd Floor each Tue/Fri and; 3 rd Floor each Wed/Sat.	Leisure Connections are part of our everyday activities. We look forward to seeing you!			1 Afternoon Social Tea (B) Musical Me Active Games	2 Afternoon Social Tea (C) News and Views Green Thumbs
3 Afternoon Social Tea (A) Mind Matters Spiritual Connections	4 Afternoon Social Tea (A) Musical Me Active Games	5 Afternoon Social Tea (B) Table Games Relaxation Program	6 Afternoon Social Tea (C) Creative Workshops Cooking/Baking	7 Afternoon Social Tea (A) Mind Matters Helping Hands	8 Afternoon Social Tea (B) Musical Me Active Games	9 Afternoon Social Tea (C) News and Views Green Thumbs
10 Afternoon Social Tea (A) Mind Matters Spiritual Connections	11 Afternoon Social Tea (A) Musical Me Active Games	12 Afternoon Social Tea (B) Table Games Relaxation Program	13 Afternoon Social Tea (C) Creative Workshops Cooking/Baking	14 Afternoon Social Tea (A) Mind Matters Helping Hands	15 Afternoon Social Tea (B) Musical Me Active Games	16 Afternoon Social Tea (C) News and Views Green Thumbs
17 Afternoon Social Tea (A) Mind Matters Spiritual Connections	18 Afternoon Social Tea (A) Musical Me Active Games	19 Afternoon Social Tea (B) Table Games Relaxation Program	20 Afternoon Social Tea (C) Creative Workshops Cooking/Baking	21 Afternoon Social Tea (A) Mind Matters Helping Hands	22 Afternoon Social Tea (B) Musical Me Active Games	23 Afternoon Social Tea (C) News and Views Green Thumbs
24 Afternoon Social Tea (A) Mind Matters Spiritual Connections	25 Afternoon Social Tea (A) Musical Me Active Games	26 Afternoon Social Tea (B) Table Games Relaxation Program	27 Afternoon Social Tea (C) Creative Workshops Cooking/Baking	28 Afternoon Social Tea (A) Mind Matters Helping Hands	 February 2019	

Group Fitness takes place every morning. Check the white board in your neighborhood for the time

Although we have many planned activity choices, programs may change dependent upon resident wishes, desires and needs...and the weather. ☀️

Questions or comments about the Recreation Calendar can be directed to Jennifer Holley at jholley@fovermaillard.com or 604-937-5578 ext. 105

Extra Fun for February –

First Floor - Happy Hour with Wayne Dodds - February 10th at 2pm
Birthday Celebrations with Music Variations - February 24th at 2pm


Second Floor – Happy Hour with Wayne Dodds – February 8th at 2pm
Birthday Celebrations with Darrell Swanson - February 22nd at 2pm
Breakfast Club – February 14th at 9am (by invitation only)

Third Floor - Happy Hour with Music Variations – February 7th at 2pm
Birthday Celebrations with Wayne Dodds - February 21st at 2pm

- **Take Out Lunch** on February 13th and February 27th
(for all floors, by invitation only – extra fees charged)

This month is Chinese Food



- **Scenic Drive Bus Outing** on February 6th and February 20th
(for all floors, by invitation only – extra fees charged)
- For the **Bingo** fans... on 3rd Flr - each Tuesday/Friday at 3pm
 ...on the 2nd Floor – each Saturday at 3pm
...on the 1st Floor – each Wednesday at 3pm
- Our **Market Cart** is open on Mondays and Thursday; 1:30pm to 3:00pm (with the exception of holidays or special events) to shop for treats, sundries and resident made items